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Root Canal Therapy Post-Operative Instructions

It is common to experience some mild soreness when biting on or touching the tooth for at least two weeks following your visit. The following instructions are meant to guide you through the healing phase.

Take the following as directed:

_____ 3 Tablets (600mg) of IBUPROFEN (Advil or Motrin) every 6 hours for 2-3 days

_____ 2 Tablets (1000mg) of ACETAMINOPHEN (Extra Strength Tylenol) every 6 hours for 2-3 days

_____ 1 Tablet (220mg) of ALEVE every 8 hours for 2-3 days

1. **DO NOT CHEW ON THE TREATED TOOTH** until you return to your general dentist for the final restoration.
2. Rinse several times a day with warm salt water to relieve mild irritation of the gums around the tooth.
3. Brush and floss the tooth normally unless otherwise directed.
4. If the tooth is very uncomfortable, if you notice swelling which is getting worse, or have questions regarding the treatment, please call us.

If your root canal therapy was completed at this visit you must contact your general dentist and schedule the permanent restoration within 2 weeks. A permanent restoration will protect the treated tooth from fracture and decay.